### **FACE IT**

FACE IT is a program for youth between 12 and 18 years old who may have alcohol, tobacco, and other drug problems in their lives. It offers all youth a means of facing and resolving problems related to alcohol, tobacco, and other drugs. FACE IT is offered as an alternative to reassignment, or on the recommendation of a concerned party. In emphasizing relationship-building and communication, a parent or caregiver attends each session along with their daughter or son.

Participants have the opportunity to recognize the benefits of living alcohol, tobacco, and other drug-free and to participate in a personal assessment of their own attitudes and experiences relating to the possession, use, and/or abuse of alcohol, tobacco, and other drugs.

**Students** attending as an alternative to reassignment have the chance to reduce out-of-school suspension days so that they can maintain their academic progress.

For the 20-21 school year, FACE IT classes, which are offered free of charge, will be held virtually via Microsoft Teams.

If families need assistance with securing a device or internet connectivity, please contact your school's administration.

A parent or caregiver is required to attend each class with the youth.

Enroll online at <a href="http://faceitregistration.pcsb.org">http://faceitregistration.pcsb.org</a> or call 727-588-6130



Pinellas County Schools
Prevention Office

Pinellas County Schools 301 4th Street SW Largo, FL 33770 Phone: 727-588-6130 Fax: 727-588-6199

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Family-Focused
Alcohol, Tobacco, and
Other Drug Education
and Prevention
Program

For Youth and Their Parents or Caregivers



Developed under a Grant to Reduce Alcohol Abuse U. S. Education Department

## **FACE IT**



#### The FACE IT program offers:

- Active participation
- Confidentiality
- Education and support
- Ongoing, open classes

# Register now by calling: (727) 588-6130 or online at

https://asd.pcsb.org/SchoolWiresForms/ FaceIt

The School Board of Pinellas County, Florida, prohibits any and all forms of discrimination and harassment based on race, color, sex, religion, national origin, marital status, age, sexual orientation or disability in any of its programs, services or activities.

#### GOAL

Empower families to help youth avoid and stop using alcohol, tobacco, and other drugs.

#### **OUTCOMES**

#### Students will:

- Learn about the consequences and effects of using or possession of alcohol, tobacco, and other drugs
- Reduce or eliminate incidents of alcohol, tobacco, and other drug use and possession at school and in the community
- Learn, practice, and apply healthy life skills.

#### Parents/caregivers will:

- Learn about the consequences and effects of using alcohol, tobacco, and other drugs
- Enhance parenting tools and skills
- Develop and provide clear no alcohol, tobacco, or other drug use rules for their children.

#### Families will:

Improve family relationships and communication.

#### Number of Sessions

Participants graduate after successfully completing eight (8) sessions – one session per week.

# Thought-Provoking Topics

- Alcohol
- Anger Management
- Building Healthy Relationships
- Communication
- Conflict Resolution
- Families Living with a Substance Abuser
- Handling Stress
- Limits and Consequences
- Making Healthy Choices
- Marijuana
- Mental Health and Substance Abuse
- Prescription & Over-the-Counter Drug Misuse & Abuse
- Setting Goals
- Tobacco Use
- Underage Drinking

